



Dame Forest/Sweet Trail

95 ACRES, DURHAM, NH

Reservation Details

The 95 acre Dame Forest was protected in the mid 1990s by the Great Bay Regional Protection Partnership (GBRPP), in which the Forest Society is a partner. The property was a priority for protection because of its excellent wildlife habitat, connections to other conserved lands, and its frontage on Crommet Creek.

Did you know? This land was once a cattle farm owned by the Dame Family, but the farm was abandoned in the 1950s and reverted to the forest we see today. Beaver have since moved in and changed the landscape dramatically, creating pond and marsh habitat for many wildlife species.

Trail Information

The Sweet Trail runs for 4 miles from Durham all the way to Great Bay, but here we are describing the northern-most section that travels through the Dame Forest, from Longmarsh Road to Dame Road in Durham. Follow the extension of Longmarsh Rd from the parking area and make a right onto the Sweet Trail near the swamp overlook. The trail passes by other marshy areas and hemlock forest until reaching Dame Road. Turn around here and retrace your steps.

🔗 **DIFFICULTY:** Easy

🔗 **ROUND TRIP DISTANCE:** Approximately 1.8 miles round trip (out & back)

🔗 **TRAIL MARKINGS:** metal “Sweet Trail” markers

Getting There/Directions

The best parking area to access the Dame Forest is at the end of Longmarsh Road in Durham. From the center of Durham, travel south on Route 108 for 1.4 miles and take a left onto Longmarsh Road. The small parking area and kiosk maintained by the Town of Durham is at the end, in 1.2 miles.

🔗 Google Maps: Entering “Longmarsh Preserve, Durham, NH” will get you directions from your location to this parking area and trailhead for the Sweet Trail.

🔗 If you are interested in hiking the entire Sweet Trail (8.0 miles round trip), a trail guide brochure is available online at <https://www.nature.org/en-us/get-involved/how-to-help/places-we-protect/a-sweet-trail-to-a-great-bay/>

Recreational Opportunities

- 🔗 Hiking
- 🔗 Nature observation
- 🔗 Snowshoeing/XC skiing
- 🔗 Dog walking

Available Amenities

- 🔗 Small parking area and kiosk at Longmarsh Road (Town of Durham)
- 🔗 Please note NO bathroom facilities are available at this location.

Recreational Use Guidelines

- 🔗 No wheeled vehicles permitted, including bicycles, dirt bikes, and ATVs
- 🔗 Carry In, Carry Out all Trash
- 🔗 No camping or campfires
- 🔗 Do not disturb plants, animals or cultural features
- 🔗 Dogs must be under owner control at all times, and all dog waste packed out.

COVID-19

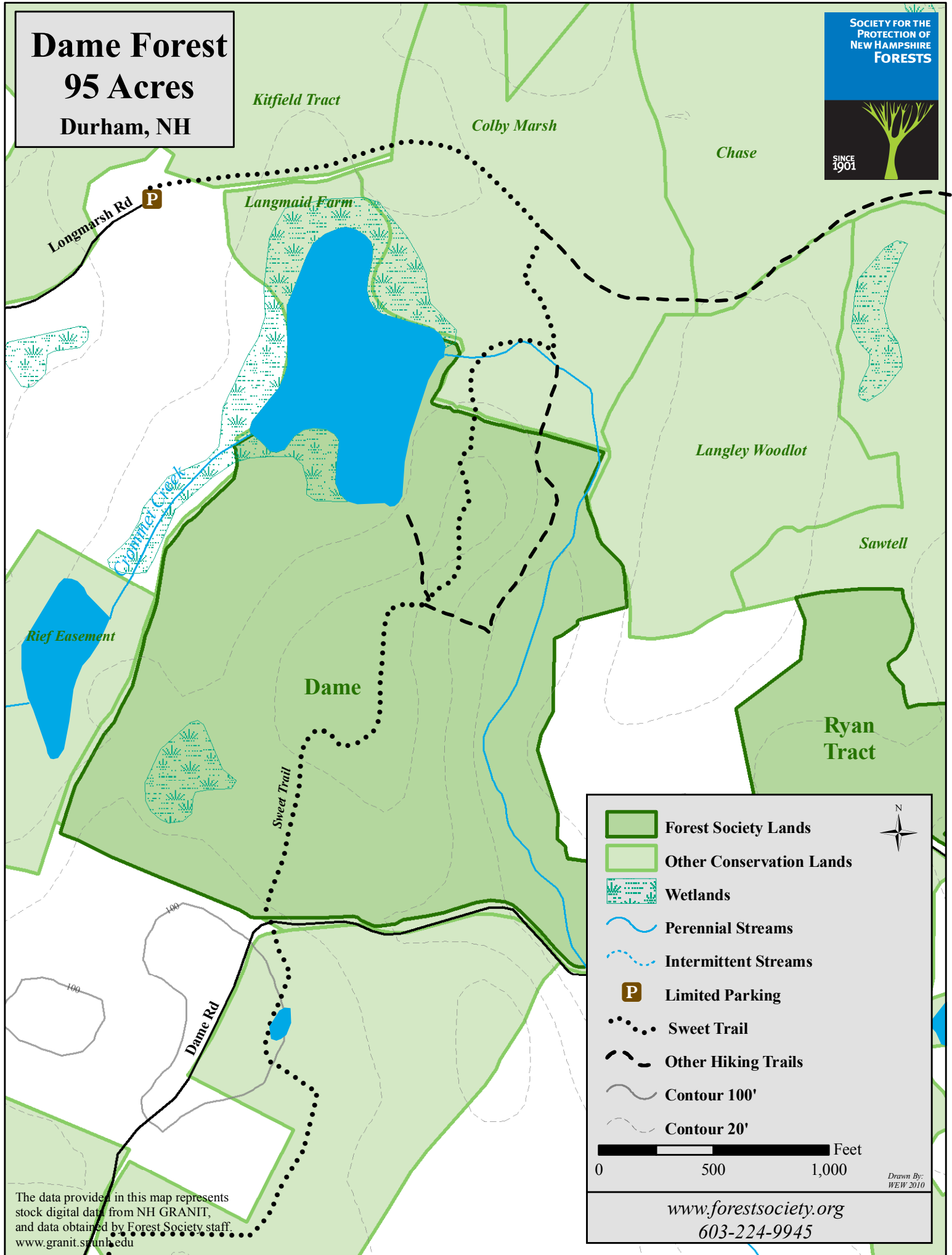
HIKE SAFE TIPS

- Allow 6+ feet of distance between unrelated groups. Step off the trail to allow others to pass.
- Bring a mask or face covering and hand sanitizer in case you need it
- Don't attempt anything risky or outside your comfort zone
- BYO lunch and plenty of water!

Dame Forest

95 Acres

Durham, NH



	Forest Society Lands
	Other Conservation Lands
	Wetlands
	Perennial Streams
	Intermittent Streams
	Limited Parking
	Sweet Trail
	Other Hiking Trails
	Contour 100'
	Contour 20'

0 500 1,000 Feet

Drawn By: WEW 2010

The data provided in this map represents stock digital data from NH GRANIT, and data obtained by Forest Society staff. www.granit.spsunh.edu

www.forestsociety.org
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