SOCIETY FOR THE PROTECTION OF NEW HAMPSHIRE FORESTS



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Reservation Details

The 126 acre Andrew Brook Forest was protected in 2010 and 2016, partially to safeguard access to the eastern side of Mount Sunapee for hikers, hunters and fishermen. Portions of the Andrew Brook Forest are rich in sugar maple (*Acer saccharum*) and you may see tubing from active sugaring operations as you hike. Andrew Brook and its tributaries meander throughout this acreage, creating beautiful mossy pools and cascades and providing habitat for numerous wildlife species.

Did you know? Lake Solitude (at the end of Andrew Brook Trail) is a perched, high-elevation lake, also known as a "tarn." This type of pond is formed in a depression excavated by glaciers on the side of a mountain. Lake Solitude is one of more than 40 remote ponds that NH Fish & Game stocks with brook trout annually via helicopter, making it a popular fishing destination.

Trail Information

The Andrew Brook Trail climbs steeply from the trailhead 1.6 miles to Lake Solitude on the eastern slopes of Mount Sunapee. The trail crosses Andrew Brook multiple times on the way up (be aware in high water it may be difficult to cross without getting wet feet). Lake Solitude can be enjoyed from its shoreline, or from White's Ledges above (a short but steep additional 0.2 miles).

- DIFFICULTY: Strenuous
- ROUND TRIP DISTANCE: Approximately 3.8 miles round trip (out & back)
- **TRAIL MARKINGS**: Blue rectangles

Getting There/Directions

Parking for Andrew Brook Trail is a small pulloff on Mountain Road in Newbury. Turn onto Mountain Road from Route 103A and travel 1.2 miles until you see the pull out and Andrew Brook property sign on your right. Please park nose-in to maximize the number of vehicles that can use the pull out.

& Google Maps: Entering "Andrew Brook Trail, Mountain Road, Newbury, NH" will get you directions from your location to the parking pull off for this property.

Recreational Opportunities

- **\(\)** Hiking
- Nature Observation
- & Snowshoeing
- & Dog walking
- & Fishing, Hunting

Available Amenities

- Small parking pull off on Mountain Road, Newbury
- Please note NO bathroom facilities are available at this location.

Recreational Use Guidelines

- No wheeled vehicles permitted (including bikes)
- Carry In, Carry Out all Trash
- No camping or campfires
- Dogs must be under owner control at all times, and all dog waste packed out
- On not disturb plants, animals or cultural features

COVID-19 HIKE SAFE TIPS

- Allow 6+ feet of distance between unrelated groups. Step off the trail to allow others to pass.
- Bring a mask or face covering and hand sanitizer in case you need it
- Don't attempt anything risky or outside your comfort zone
- BYO lunch and plenty of water!

